

UnHinge Yourself
2018 Goal Setting - Q2

"You're braver than you believe, and stronger than you seem, and smarter than you think."

- A.A. Milne, author of *Winnie the Pooh*

Personal and Professional Review of Quarter I - 2018

What Worked?	What didn't work as well?
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Check-in on Your Vision and Overall Goal for 2018

Does your vision still work? Do you want to revise it? Why? If you're going to revise your overall vision or goal, make sure you're being honest with yourself and not just copping out because the going got stuff.

What are Your 10,000 ft Goals for Q2, Q3, Q4 2018

Given your review and update for the year, what's the 10,000 ft view look like for the next 3 quarters?

	Professional Goals	Personal Goals	How Do These Goals Connect with Your Vision
Q2 Apr-June			
Q3 July-Sept			
Q4 Oct-Dec			

Professional Goals - Q2 2018

GOAL #1			Measurement
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Identify the steps you need to execute over the next 90 days to achieve the above goal.

Priority #	✓	TASK	DUE DATE	ACCOUNTABILITY and NOTES

GOAL #2			Measurement
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Identify the steps you need to execute over the next 90 days to achieve the above goal.

Priority #	✓	TASK	DUE DATE	ACCOUNTABILITY and NOTES

GOAL #3			Measurement
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Identify the steps you need to execute over the next 90 days to achieve the above goal.

Priority #	✓	TASK	DUE DATE	ACCOUNTABILITY and NOTES

Personal Goals - Q2 2018

GOAL #1			Measurement
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Identify the steps you need to execute over the next 90 days to achieve the above goal.

Priority #	✓	TASK	DUE DATE	ACCOUNTABILITY and NOTES

GOAL #2			Measurement
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Identify the steps you need to execute over the next 90 days to achieve the above goal.

Priority #	✓	TASK	DUE DATE	ACCOUNTABILITY and NOTES

GOAL #3			Measurement
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Identify the steps you need to execute over the next 90 days to achieve the above goal.

Priority #	✓	TASK	DUE DATE	ACCOUNTABILITY and NOTES